

NOVEMBER 2017 EVENTS CALENDAR (CONTINUED)

| MON | TUE | WED | THU | FRI | SAT/SUN |
|---|--|--|---|-----|---------|
| 27 | 28 | 29 | 30 | | |
| <ul style="list-style-type: none"> Adult Drop-In 7:30am-1:30pm EY Drop-In "Outdoor Adventure" 9am-3pm ASK! 8:30am-4:30pm Social Work Drop-In 1-3:30pm Feeding With Love 1-2:30 pm SLY Tweens Cheffin 3-5:30pm ASK! Legal Information & Advice Clinic 3:30-5pm ☎ SLY Teens Man Cave 5:30-9pm | <ul style="list-style-type: none"> EY Drop-In 9am-3pm ASK! 1:30-7:30pm EY Dad's Time 5:30-7:30pm ASK! Legal Immigration Advice Clinic 5-6:30 pm ☎ SLY Teens Scene 3-5:00pm & Community Movie Night 5:30-9pm | <ul style="list-style-type: none"> Adult Drop-In 7:30am-1:30pm ASK! 8:30am-4:30pm EY Drop-In "Story Time Fun" 9am-12pm EY Young Parents (under 25) Drop-In 1-4pm SLY Tweens Fun Day 3-5pm Good Food Market 2-6:30pm LM EY Evening Drop-In 5pm-7pm SLY Teens Sister Sister 6-9pm SLY Teens Ball @ Humber 6-9pm | <ul style="list-style-type: none"> Harm Reduction 8am-12:00pm ASK! 8:30am-4:30pm SLY Tweens Sports Zone 3-5pm Social Work Drop-In 4-6:30pm SLY Teens Cheffin 6-9pm | | |

We Would Love To Hear From You Please contact us with any feedback about any aspect of LAMP CHC. You can call our Feedback Line at Ext. 318 or leave a written message in any of our several "Comment Boxes" located throughout the building. LAMP is a scent-free environment.

This calendar is not a complete list of all the wonderful programming we offer here at LAMP. For more information, please visit us in person, online, or call us!



LAMP Community Health Centre

185 Fifth Street, Etobicoke ON M8V 2Z5
Tel: 416.252.6471 Fax: 416.252.4474
www.lampchc.org

LAMP CHC HOURS

Mon-Thu 8:30am-8pm Fri 8:30am-5pm

"Building a Healthy Community"



LAMP Community Health Centre Programs & Events Calendar for Lakeshore Main Site

NOVEMBER 2017

- ASK! COMMUNITY INFORMATION
- EARLY YEARS
- FOOD NUTRITION
- HEALTH CARE
- MISCELLANEOUS
- STREET HEALTH & HARM REDUCTION
- YOUTH
- ☎ By Appointment Only
- Off-Site Locations:**

All programs listed are located at 185 Fifth Street site, unless otherwise noted.


- AF** Among Friends
- AH** The Assembly Hall
- HG** Humber Community Gym
- KC** Ken Cox Community Centre
- LM** Lerette Manor
- LP** Lakeshore Village Park

| MON | TUE | WED | THU | FRI | SAT/SUN |
|--|-----|--|---|---|--|
| | | 1 | 2 | 3 | 4 |
| <ul style="list-style-type: none"> Harm Reduction supplies are available outside of program times. Please call Sarah at Ext. 287 for details. Newcomers to Canada Call or Drop-In to ASK! (Russian, Spanish, & Ukrainian Spoken) | | <ul style="list-style-type: none"> Adult Drop-In 7:30am-1:30pm ASK! 8:30am-4:30pm EY Drop-In "Story Time Fun" 9am-12pm EY Young Parents (under 25) Drop-In 1-4pm SLY Tweens Fun Day 3-5pm Good Food Market 2-6:30pm LM EY Evening Drop-In 5pm-7pm SLY Teens Sister Sister 6-9pm SLY Teens Ball @ Humber 6-9pm | <ul style="list-style-type: none"> Harm Reduction 8am-12:00pm ASK! 8:30am-4:30pm SLY Tweens Sports Zone 3-5pm Social Work Drop-In 4-6:30pm SLY Teens Cheffin 6-9pm | <ul style="list-style-type: none"> ASK! 8:30am-4:30pm EY Baby Club 7-12 months 10-11:30am EY Baby Club 0-6 months 1-2:30pm SLY Zone Tweens 3-5pm SLY Teens Express Yourself 5:30-9pm | <ul style="list-style-type: none"> Adult Drop-In 8am-1:00pm EY Drop-In 9am-1pm |
| | | | | | 5 |

(CALENDAR CONTINUED INSIDE)

NOVEMBER 2017

EVENTS CALENDAR (CONTINUED)

| MON | TUE | WED | THU | FRI | SAT/SUN |
|---|--|--|---|---|--|
| 6 <ul style="list-style-type: none"> Adult Drop-In 7:30am-1:30pm EY Drop-In "Outdoor Adventure" 9am-3pm ASK! 8:30am-4:30pm Feeding With Love 1-2:30 pm Social Work Drop-In 1-3:30pm SLY Tweens Cheffin 3-5:30pm SLY Teens Man Cave 5:30-9pm | 7 <ul style="list-style-type: none"> EY Drop-In 9am-3pm ASK! 1:30-7:30pm EY Young Parent Supper Club 4:30-7pm SLY Teens Scene 3-5:00pm & Community Movie Night 5:30-9pm | 8 <ul style="list-style-type: none"> Adult Drop-In 7:30am-1:30pm ASK! 8:30am-4:30pm EY Drop-In "Story Time Fun" 9am-12pm EY Young Parents (under 25) Drop-In 1-4pm SLY Tweens Fun Day 3-5pm Good Food Market 2-6:30pm LM EY Evening Drop-In 5-7pm SLY Teens Sister Sister 6-9pm SLY Teens Ball @ Humber 6-9pm | 9 <ul style="list-style-type: none"> Harm Reduction 8am-12:00pm ASK! 8:30am-4:30pm SLY Tweens Sports Zone 3-5pm Social Work Drop-In 4-6:30pm SLY Teens Cheffin 6-9pm Community Relations Meeting 6:30-8:30pm | 10 <ul style="list-style-type: none"> ASK! 8:30am-4:30pm EY Baby Club 7-12 months 10-11:30am EY Baby Club 0-6 months 1-2:30pm SLY Zone Tweens 3-5pm SLY Teens Express Yourself 5:30-9pm | 11  <ul style="list-style-type: none"> Adult Drop-In 8am-1:00pm EY Drop-In 9am-1pm |
| 13 <ul style="list-style-type: none"> Adult Drop-In 7:30am-1:30pm EY Drop-In "Outdoor Adventure" 9am-3pm ASK! 8:30am-4:30pm Feeding With Love 1-2:30 pm Social Work Drop-In 1-3:30pm SLY Tweens Cheffin 3-5:30pm ASK! Legal Information & Advice Clinic 3:30-5pm ☎ SLY Teens Man Cave 5:30-9pm | 14 <ul style="list-style-type: none"> EY Drop-In 9am-3pm ASK! 1:30-7:30pm EY Dad's Time 5:30-7:30pm SLY Teens Scene 3-5:00pm & Community Movie Night 5:30-9pm ASK! Legal Immigration Advice Clinic 5-6:30 pm ☎ | 15 <ul style="list-style-type: none"> Adult Drop-In 7:30am-1:30pm ASK! 8:30am-4:30pm EY Drop-In "Story Time Fun" 9am-12pm EY Young Parents (under 25) Drop-In 1-4pm Good Food Market 2-6:30pm LM SLY Tweens Fun Day 3-5pm EY Evening Drop-In 5pm-7pm SLY Teens Sister Sister 6-9pm SLY Teens Ball @ Humber 6-9pm | 16 <ul style="list-style-type: none"> Harm Reduction 8am-12:00pm ASK! 8:30am-4:30pm SLY Tweens Sports Zone 3-5pm Social Work Drop-In 4-6:30pm SLY Teens Cheffin 6-9pm | 17 <ul style="list-style-type: none"> ASK! 8:30am-4:30pm EY Baby Club 7-12 months 10-11:30am EY Baby Club 0-6 months 1-2:30pm SLY Zone Tweens 3-5pm SLY Teens Express Yourself 5:30-9pm | 18 <ul style="list-style-type: none"> Adult Drop-In 8am-1:00pm EY Drop-In 9am-1pm |
| 20 <ul style="list-style-type: none"> Adult Drop-In 7:30am-1:30pm EY Drop-In "Outdoor Adventure" 9am-3pm ASK! 8:30am-4:30pm Feeding With Love 1-2:30 pm Social Work Drop-In 1-3:30pm SLY Tweens Cheffin 3-5:30pm SLY Teens Man Cave 5:30-9pm | 21 <ul style="list-style-type: none"> EY Drop-In 9am-3pm ASK! 1:30-7:30pm EY Young Parent Supper Club 4:30-7pm SLY Teens Scene 3-5:00pm & Community Movie Night 5:30-9pm | 22 <ul style="list-style-type: none"> Adult Drop-In 7:30am-1:30pm ASK! 8:30am-4:30pm EY Drop-In "Story Time Fun" 9am-12pm EY Young Parents (under 25) Drop-In 1-4pm Good Food Market 2-6:30pm LM SLY Tweens Fun Day 3-5pm SEYA Culture Potluck 4-7pm EY Evening Drop-In 5pm-7pm SLY Teens Sister Sister 6-9pm SLY Teens Ball @ Humber 6-9pm | 23 <ul style="list-style-type: none"> Harm Reduction 8am-12:00pm ASK! 8:30am-4:30pm SLY Tweens Sports Zone 3-5pm Social Work Drop-In 4-6:30pm SLY Teens Cheffin 6-9pm | 24 <ul style="list-style-type: none"> ASK! 8:30am-4:30pm EY Baby Club 7-12 months 10-11:30am EY Baby Club 0-6 months 1-2:30pm SLY Zone Tweens 3-5pm SLY Teens Express Yourself 5:30-9pm | 25 <ul style="list-style-type: none"> Adult Drop-In 8am-1:00pm EY Drop-In 9am-1pm |
| | | | | | 26 |