

JULY 2016 EVENTS CALENDAR (CONTINUED)

MON	TUE	WED	THU	FRI	SAT/SUN
25	26	27	28	29	30
<ul style="list-style-type: none"> ■ EY Drop-In 9am-12pm ■ ASK! 9am-5pm ■ Social Work Drop-In 1-4pm ■ Feeding With Love 1:30-3pm ■ Healthy Sex Clinic 2-7:30pm ■ SLY Caribbean Heat - Island Food Cook-Off 12-6:00pm 	<ul style="list-style-type: none"> ■ ASK! 1-8pm ■ SLY Caribbean Heat - Costume Making 12-6:00pm ■ ASK! Legal Immigration Advice Clinic 5-6:30pm ☎ 	<ul style="list-style-type: none"> ■ ASK! 9am-5pm ■ EY Young Parents (under 25) Drop-In 1-4pm ■ Good Food Market 4:30-7:30pm LP ■ SLY Caribbean Heat - Streetbanna Prep 12-6:00pm 	<ul style="list-style-type: none"> ■ ASK! 9am-5pm ■ Harm Reduction Drop-In 9:30-11:30am ■ Social Work Drop-In 4-7pm ■ SLY Caribbean Heat - Streetbanna Event 4-6:00pm 	<ul style="list-style-type: none"> ■ ASK! 9am-5pm ■ EY Baby Club 0-12 months 11 am-12:30pm ■ SEYA Hip Hop dance/Spoken work/Beat boxing - 300 Birmingham Street Humber Media Arts Bldg. - 1-4pm 	31

We Would Love To Hear From You Please contact us with any feedback about any aspect of LAMP CHC. You can call our Feedback Line at Ext. 318 or leave a written message in any of our several "Comment Boxes" located throughout the building. LAMP is a scent-free environment.

This calendar is not a complete list of all the wonderful programming we offer here at LAMP. For more information, please visit us in person, online, or call us!



LAMP Community Health Centre

185 Fifth Street, Etobicoke ON M8V 2Z5
Tel: 416.252.6471 Fax: 416.252.4474
www.lampchc.org

LAMP CHC HOURS

Mon-Thu 8:30am-8pm Fri 8:30am-5pm

"Building a Healthy Community"



LAMP Community Health Centre Programs & Events Calendar for Lakeshore Main Site

JULY 2016

- ASK! COMMUNITY INFORMATION
- EARLY YEARS
- FOOD NUTRITION
- HEALTH CARE
- MISCELLANEOUS
- STREET HEALTH & HARM REDUCTION
- YOUTH
- ☎ By Appointment Only

All programs listed are located at 185 Fifth Street site, unless otherwise noted.

Off-Site Locations:

- AF** Among Friends
- AH** The Assembly Hall
- HG** Humber Community Gym
- KC** Ken Cox Community Centre
- LM** Lerette Manor
- LP** Lakeshore Village Park

MON	TUE	WED	THU	FRI	SAT/SUN
				1	2
	<ul style="list-style-type: none"> ■ Harm Reduction supplies are available outside of program times. Please call Sarah at Ext. 287 for details. ■ Newcomers to Canada Call or Drop-In to ASK! (Russian, Spanish, & Ukrainian Spoken) 			<p>LAMP CLOSED</p> <p>CANADA DAY</p> <p>149 YEARS YOUNG</p>	3

(CALENDAR CONTINUED INSIDE)

JULY 2016

EVENTS CALENDAR (CONTINUED)

MON	TUE	WED	THU	FRI	SAT/SUN
4	5	6	7	8	9
<ul style="list-style-type: none"> ■ EY Drop-In 9am-12pm ■ ASK! 9am-5pm ■ Feeding With Love 1:30-3pm ■ Social Work Drop-In 1-4pm ■ Healthy Sex Clinic 2-7:30pm ■ SLY All-Star Week-Registration 12-6:00pm 	<ul style="list-style-type: none"> ■ ASK! 1-8pm ■ SLY All-Star Week-Football 12-6:00pm ■ ASK! Legal Immigration Advice Clinic 5-6:30pm ☎ 	<ul style="list-style-type: none"> ■ ASK! 9am-5pm ■ EY Young Parents (under 25) Drop-In 1-4pm ■ Good Food Market 4:30-7:30pm LP ■ SLY All-Star Week-Games Day/BBQ@RAY 12-6:00pm 	<ul style="list-style-type: none"> ■ ASK! 9am-5pm ■ Harm Reduction Drop-In 9:30-11:30am ■ SLY All-Star Week-Woodbine Beach Trip 12-6:00pm ■ Social Work Drop-In 4-7pm 	<ul style="list-style-type: none"> ■ ASK! 9am-5pm ■ EY Baby Club 0-12 months 11 am-12:30pm ■ SLY All-Star Week-Drop-in/G.B.V Party 12-6:00pm ■ SEYA Hip Hop dance/Spoken work/Beat boxing - 300 Birmingham Street, Humber Media Arts Bldg. - 1-4pm 	9
					10
11	12	13	14	15	16
<ul style="list-style-type: none"> ■ EY Drop-In 9am-3pm ■ ASK! 9am-5pm ■ Feeding With Love 1:30-3pm ■ Social Work Drop-In 1-4pm ■ Healthy Sex Clinic 2-7:30pm ■ SLY Musically - History 12-6:00pm 	<ul style="list-style-type: none"> ■ ASK! 1-8pm ■ SLY Musically - Project work 12-6:00pm 	<ul style="list-style-type: none"> ■ ASK! 9am-5pm ■ EY Young Parents (under 25) Drop-In 1-4pm ■ Good Food Market 4:30-7:30pm LP ■ SLY Musically - Project work 12-6:00pm 	<ul style="list-style-type: none"> ■ ASK! 9am-5pm ■ Harm Reduction Drop-In 9:30-11:30am ■ Social Work Drop-In 4-7pm ■ SLY Musically - Recording Studio Trip 12-6:00pm ■ Community Relations Meeting 6:30-8:30pm 	<ul style="list-style-type: none"> ■ ASK! 9am-5pm ■ EY Baby Club 0-12 months 11 am-12:30pm ■ SLY Musically - Movie Day 12-6:00pm ■ SEYA Hip Hop dance/Spoken work/Beat boxing - 300 Birmingham Street, Humber Media Arts Bldg. - 1-4pm 	16
					17
18	19	20	21	22	23
<ul style="list-style-type: none"> ■ EY Drop-In 9am-3pm ■ ASK! 9am-5pm ■ Feeding With Love 1:30-3pm ■ Social Work Drop-In 1-4pm ■ Healthy Sex Clinic 2-7:30pm ■ SLY Hustle Challenge - Day 1 12-6:00pm ■ SEYA Leadership Camp for Teens - Second Street School 12-5pm 	<ul style="list-style-type: none"> ■ ASK! 1-8pm ■ SLY Hustle Challenge - Day 2 12-6:00pm ■ SEYA Leadership Camp for Teens - Second Street School - 12-5pm 	<ul style="list-style-type: none"> ■ ASK! 9am-5pm ■ EY Young Parents (under 25) Drop-In 1-4pm ■ Good Food Market 4:30-7:30pm LP ■ SLY Hustle Challenge - Day 3 12-6:00pm ■ SEYA Leadership Camp for Teens - Second Street School - 12-5pm 	<ul style="list-style-type: none"> ■ ASK! 9am-5pm ■ Harm Reduction Drop-In 9:30-11:30am ■ Social Work Drop-In 4-7pm ■ SLY Hustle Challenge - Extreme Obstacle 12-6:00pm ■ SEYA Leadership Camp for Teens - Second Street School 12-5pm 	<ul style="list-style-type: none"> ■ ASK! 9am-5pm ■ EY Baby Club 0-12 months 11 am-12:30pm ■ SLY Hustle Challenge - Awards ceremony 12-6:00pm ■ SEYA Leadership Camp for Teens - Second Street School 12-5pm ■ SEYA Hip Hop dance/Spoken work/Beat boxing - 300 Birmingham Street, Humber Media Arts Bldg. - 1-4pm 	23
					24