

# Volunteering at LAMP CHC

**LAMP Community Health Centre** was founded and built by the hard work of community volunteers. Since 1976, when LAMP CHC first opened its doors, we have relied on volunteers in our programs, in administration and as members of our Board of Directors.

Our volunteers are:

- Tutors in reading, writing and math
- Parents connecting with other parents in the Early Years Centre
- Youth Leaders
- Students
- Fundraisers
- Office Assistants
- Leaders in program and strategic planning, in advocacy and policy development on our board and committees

## HOURS OF OPERATION:

Monday - Thursday 8:30am - 8:00pm  
Friday 8:30am - 5:00pm



**Volunteers Build Strong Communities -  
Strong Communities Build a Better World**

**Help build a better world,  
become a volunteer  
at LAMP CHC!**

**LAMP Community Health Centre**  
185 Fifth Street, Etobicoke, Ontario M8V 2Z5  
Tel: 416.252.6471 Fax: 416.252.4474  
[www.lampchc.org](http://www.lampchc.org)

For more information, please call:  
416.252.6471 ext. 234

**"Building a Healthy Community"**

# Checklist for Volunteering

## Step 1



Call LAMP CHC 416.252.6471 ext. 234 about volunteer possibilities

-or visit -

[www.charityvillage.com](http://www.charityvillage.com)

[www.volunteertoronto.ca](http://www.volunteertoronto.ca)

to see our latest volunteer job postings



## Interested in volunteering?

**Please contact our volunteer program coordinator**

**at**

**416.252.6471 ext. 234**

**or**

**[volunteering@lampchc.org](mailto:volunteering@lampchc.org)**

If emailing, please use "LAMP Volunteering" as the subject.

## Step 2



Information sessions are usually held on the 3rd Thursday of the month September to June.

There you can find out about the different roles volunteers play at LAMP CHC and find out which opportunities best match your interest and skills.



## Step 3



Volunteers are matched with positions to ensure the best experience for LAMP CHC and the volunteer.

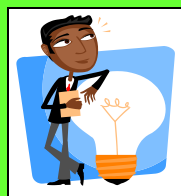


To help us do that you will be asked to fill out an application form, provide references, and come to an interview. Once you are placed in a volunteer position, we will provide further orientation and training for the task. If volunteers are required to complete a criminal reference check, LAMP CHC will cover the cost.

## Step 4



Your ideas and feedback are important.



LAMP CHC welcomes the contributions of volunteers. We will listen to your input and give you feedback about your work. When you are ready for new challenges, we will help you find another match for your interests - either at LAMP CHC or in another community agency or activity.