

## June Special Events

**Among Friend's outings often have dedicated spaces and require pre-booking. If you forgot to pre-book feel free to call us at the last minute to see if a last minute spot has come available. We hate to disappoint, so call or sign up.**

**Among Friends Prom:** Among Friends is holding its first ever prom night for the ladies! This will be in the community room from 4-8pm on Thursday June 9<sup>th</sup>, and will be a fun night of food, dancing, manicures, and friends. Dressing up is optional, so feel free to wear whatever makes you the most comfortable. Cooking for the prom will occur earlier in the day at Street Level from 12:30 until 2:30pm.

### Need your scooter?

If you are interested in any of the trips but require a scooter, please call us and see how we can accommodate you.

### Lunch and Share:

Join us in enjoying a light lunch and wellness discussion on June 2<sup>nd</sup> and 16<sup>th</sup> from 12:30-2:30pm at Street Level.

### Picnic in the Park:

Join us for a picnic in the park to celebrate Canada Day on Thursday June 30<sup>th</sup>. We will be meeting in the LAMP lobby at 12:30pm, preparing our picnic food, and then walking over together!

### Indoor Horticulture:

This activity will include decorating a personalized pot and planting a small houseplant for you to take home! Space is limited, so be sure to register in advance!

### M.A.C and Walk 4 Change Meetings:

Everyone is welcome to come to the meetings. We need your input!

### Long Branch Festival:

Meet in the LAMP lobby and join us in exploring the inaugural Long Branch Festival on June 11<sup>th</sup> from 12-4pm. This will include live bands, buskers, summer treats, antique cars, a dog show, and more!

## Sign Up for Programs

It is recommended that members call to register for all programs. Don't miss out!



Sign-up is now open for programs scheduled to **Saturday June 18<sup>th</sup>**

Sign up will open on June 18<sup>th</sup> for programs scheduled up to **Thursday June 30<sup>th</sup>**

### Awards of Merit:

Join LAMP in celebrating all of the hard work and dedication of the volunteers! We will be preparing food for the awards on June 6<sup>th</sup> from 9-12, and the awards themselves will be held on the front yard of LAMP on June 7<sup>th</sup> at 5pm. Come out for an evening of food, celebration, and entertainment!

**For more information on any of our programs or to book a personal appointment call**

**Brenda, Mary or Deb at 416-251-8666**