

# MARCH 2017 EVENTS CALENDAR (CONTINUED)

MON	TUE	WED	THU	FRI	SAT/SUN
27	28	29	30	31	
<ul style="list-style-type: none"> <li>Adult Drop-In 7:30am-1:00pm</li> <li>EY Drop-In 9am-3pm</li> <li>ASK! 9am-5pm</li> <li>Social Work Drop-In 1-4pm</li> <li>Feeding With Love 1:30-3pm</li> <li>Healthy Sex Clinic 2-7:30pm</li> <li>ASK! Legal Information &amp; Advice Clinic 3:30-5pm ☎</li> <li>SLY Tweens Cheffin 3-5:30pm</li> <li>SEYA Leads Meeting TobaccNo Project 4-7pm</li> <li>SLY Teens Chill Zone 6-9pm</li> </ul>	<ul style="list-style-type: none"> <li>Adult Drop-In 9am-12:00pm</li> <li>EY Drop-In "Story Time Fun" 9am-3pm</li> <li>Grief &amp; Trauma Group 1-3pm</li> <li>ASK! 1-8pm</li> <li>EY Dad's Time 5:30-7:30pm</li> <li>SLY Teens Scene 3-5pm</li> </ul>	<ul style="list-style-type: none"> <li>Adult Drop-In 7:30am-1:00pm</li> <li>EY Drop-In 9am-12pm</li> <li>ASK! 9am-5pm</li> <li>EY Young Parents (under 25) Drop-In 1-4pm</li> <li>Good Food Market 2:30-6:00pm LM</li> <li>SLY Tweens Sports Zone 3-5:10pm</li> <li>EY Drop-In 5-7pm</li> <li>SEYA Physical Wellness Workshop 4-7pm</li> <li>SLY Teens Ball @ Humber 6-9pm</li> </ul>	<ul style="list-style-type: none"> <li>ASK! 9am-5pm</li> <li>Harm Reduction Drop-In 9:30-11:30am</li> <li>Social Work Drop-In 4-7pm</li> <li>SLY Tweens Fun Day 3-5:10pm</li> <li>Families Get Together 5:30-7:30pm (Early Years Family Centre)</li> <li>SLY Teens Cheffin 6-9pm</li> <li>Community Relations Committee Meeting 6:30-8:30pm</li> </ul>	<ul style="list-style-type: none"> <li>ASK! 9am-5pm</li> <li>EY Baby Club 7-12 months 10-11:30am</li> <li>EY Baby Club 0-6 months 1-2:30pm</li> <li>SLY Tweens Zone 3-5:10pm</li> <li>SEYA Older Youth (19-24) BBall 7-10pm KC</li> </ul>	

**We Would Love To Hear From You** Please contact us with any feedback about any aspect of LAMP CHC. You can call our Feedback Line at Ext. 318 or leave a written message in any of our several "Comment Boxes" located throughout the building. LAMP is a scent-free environment.

This calendar is not a complete list of all the wonderful programming we offer here at LAMP. For more information, please visit us in person, online, or call us!



## LAMP Community Health Centre

185 Fifth Street, Etobicoke ON M8V 2Z5  
Tel: 416.252.6471 Fax: 416.252.4474  
www.lampchc.org

### LAMP CHC HOURS

Mon-Thu 8:30am-8pm Fri 8:30am-5pm

**"Building a Healthy Community"**



## LAMP Community Health Centre Programs & Events Calendar for Lakeshore Main Site

# MARCH 2017

- ASK! COMMUNITY INFORMATION
- EARLY YEARS
- FOOD NUTRITION
- HEALTH CARE
- MISCELLANEOUS
- STREET HEALTH & HARM REDUCTION
- YOUTH
- ☎ By Appointment Only
- Off-Site Locations:

All programs listed are located at 185 Fifth Street site, unless otherwise noted.

- AF** Among Friends
- AH** The Assembly Hall
- HG** Humber Community Gym
- KC** Ken Cox Community Centre
- LM** Lerette Manor
- LP** Lakeshore Village Park

MON	TUE	WED	THU	FRI	SAT/SUN
		1	2	3	4
<ul style="list-style-type: none"> <li>Harm Reduction supplies are available outside of program times. Please call Sarah at Ext. 287 for details.</li> <li>Newcomers to Canada Call or Drop-In to ASK! (Russian, Spanish, &amp; Ukrainian Spoken)</li> </ul>		<ul style="list-style-type: none"> <li>Adult Drop-In 7:30am-1:00pm</li> <li>EY Drop-In 9am-12pm</li> <li>ASK! 9am-5pm</li> <li>EY Young Parents (under 25) Drop-In 1-4pm</li> <li>Good Food Market 2:30-6pm LM</li> <li>SLY Tweens Sports Zone 3-5:10pm</li> <li>SEYA Workshop 4pm-7pm</li> <li>EY Drop-In 5-7pm</li> <li>SLY Teens Ball @ Humber 6-9pm</li> </ul>	<ul style="list-style-type: none"> <li>ASK! 9am-5pm</li> <li>Harm Reduction Drop-In 9:30-11:30am</li> <li>SLY Tweens Fun Day 3-5:10pm</li> <li>Social Work Drop-In 4-7pm</li> <li>Families Get Together 5:30-7:30pm (Early Years Family Centre)</li> <li>SLY Teens Cheffin 6-9pm</li> </ul>	<ul style="list-style-type: none"> <li>ASK! 9am-5pm</li> <li>EY Baby Club 7-12 months 10-11:30am</li> <li>EY Baby Club 0-6 months 1-2:30pm</li> <li>SLY Tweens Zone 3-5:10pm</li> <li>SEYA Older Youth (19-24) BBall 7-10pm KC</li> </ul>	<ul style="list-style-type: none"> <li>Adult Drop-In 8am-1:00pm</li> <li>Saturday Drop-In 9am-1pm</li> </ul>
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(CALENDAR CONTINUED INSIDE)

# MARCH 2017

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(CALENDAR CONTINUED ON BACK)