


# DECEMBER 2017 EVENTS CALENDAR (CONTINUED)

MON	TUE	WED	THU	FRI	SAT/SUN
25	26	27	28	29	30
 <b>LAMP CLOSED</b>	<b>LAMP CLOSED</b>	<ul style="list-style-type: none"> <li><span style="color: yellow;">■</span> Adult Drop-In 7:30am-1:30pm</li> <li><span style="color: red;">■</span> ASK! 8:30am-4:30pm</li> <li><span style="color: pink;">■</span> EY Drop-In "Story Time Fun" 9am-12pm</li> <li><span style="color: pink;">■</span> EY Young Parents (under 25) Drop-In 1-4pm</li> <li><span style="color: green;">■</span> Good Food Market 2-6:30pm LM</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: yellow;">■</span> Harm Reduction 8am-12:00pm</li> <li><span style="color: red;">■</span> ASK! 8:30am-4:30pm</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: red;">■</span> ASK! 8:30am-2:00pm</li> <li><span style="color: pink;">■</span> EY Baby Club 0-12 months 10-11:30am</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: yellow;">■</span> Adult Drop-In 8am-1:00pm</li> </ul>
				<b>LAMP CLOSED @ 2 pm</b>	31

**We Would Love To Hear From You** Please contact us with any feedback about any aspect of LAMP CHC. You can call our Feedback Line at Ext. 318 or leave a written message in any of our several "Comment Boxes" located throughout the building. LAMP is a scent-free environment.

This calendar is not a complete list of all the wonderful programming we offer here at LAMP. For more information, please visit us in person, online, or call us!



## LAMP Community Health Centre

185 Fifth Street, Etobicoke ON M8V 2Z5  
Tel: 416.252.6471 Fax: 416.252.4474  
www.lampchc.org

### LAMP CHC HOURS


Mon-Thu 8:30am-8pm Fri 8:30am-5pm

**"Building a Healthy Community"**



## LAMP Community Health Centre Programs & Events Calendar for Lakeshore Main Site

# DECEMBER 2017

- ASK! COMMUNITY INFORMATION
  - EARLY YEARS
  - FOOD NUTRITION
  - HEALTH CARE
  - MISCELLANEOUS
  - STREET HEALTH & HARM REDUCTION
  - YOUTH
  -  By Appointment Only
- Off-Site Locations:**

All programs listed are located at 185 Fifth Street site, unless otherwise noted.

- AF** Among Friends
- AH** The Assembly Hall
- HG** Humber Community Gym
- KC** Ken Cox Community Centre
- LM** Lerette Manor
- LP** Lakeshore Village Park

MON	TUE	WED	THU	FRI	SAT/SUN
				1	2
<ul style="list-style-type: none"> <li><span style="color: yellow;">■</span> Harm Reduction supplies are available outside of program times. Please call Sarah at Ext. 287 for details.</li> <li><span style="color: red;">■</span> Newcomers to Canada Call or Drop-In to ASK! (Russian, Spanish, &amp; Ukrainian Spoken)</li> </ul>				<ul style="list-style-type: none"> <li><span style="color: red;">■</span> ASK! 8:30am-4:30pm</li> <li><span style="color: pink;">■</span> EY Baby Club 7-12 months 10-11:30am</li> <li><span style="color: pink;">■</span> EY Baby Club 0-6 months 1-2:30pm</li> <li><span style="color: cyan;">■</span> SLY Zone Tweens 3-5pm</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: yellow;">■</span> Adult Drop-In 8am-1:00pm</li> <li><span style="color: pink;">■</span> EY Drop-In 9am-1pm</li> </ul>
					3

(CALENDAR CONTINUED INSIDE)

# DECEMBER 2017

## EVENTS CALENDAR (CONTINUED)

MON	TUE	WED	THU	FRI	SAT/SUN
4 <ul style="list-style-type: none"> <li>Adult Drop-In 7:30am-1:30pm</li> <li>EY Drop-In "Outdoor Adventure" 9am-3pm</li> <li>ASK! 8:30am-4:30pm</li> <li>Feeding With Love 1-2:30 pm</li> <li>Social Work Drop-In 1-3:30pm</li> <li>SLY Tweens Cheffin 3-5:30pm</li> <li>SLY Teens Man Cave 5:30-9pm</li> </ul>	5 <ul style="list-style-type: none"> <li>EY Drop-In 9am-3pm</li> <li>ASK! 1:30-7:30pm</li> <li>EY Young Parent Supper Club 4:30-7pm</li> <li>SLY Teens Scene 3-5:00pm &amp; Community Movie Night 5:30-9pm</li> </ul>	6 <ul style="list-style-type: none"> <li>Adult Drop-In 7:30am-1:30pm</li> <li>ASK! 8:30am-4:30pm</li> <li>EY Drop-In "Story Time Fun" 9am-12pm</li> <li>EY Young Parents (under 25) Drop-In 1-4pm</li> <li>SLY Tweens Fun Day 3-5pm</li> <li>Good Food Market 2-6:30pm LM</li> <li>EY Evening Drop-In 5-7pm</li> <li>SLY Teens Sister Sister 6-9pm</li> <li>SLY Teens Ball @ Humber 6-9pm</li> </ul>	7 <ul style="list-style-type: none"> <li>Harm Reduction 8am-12:00pm</li> <li>ASK! 8:30am-4:30pm</li> <li>SLY Tweens Sports Zone 3-5pm</li> <li>Social Work Drop-In 4-6:30pm</li> <li>SLY Teens Cheffin 6-9pm</li> </ul>	8 <ul style="list-style-type: none"> <li>ASK! 8:30am-4:30pm</li> <li>EY Baby Club 7-12 months 10-11:30am</li> <li>EY Baby Club 0-6 months 1-2:30pm</li> <li>SLY Zone Tweens 3-5pm</li> </ul>	9 <ul style="list-style-type: none"> <li>Adult Drop-In 8am-1:00pm</li> <li>EY Drop-In 9am-1pm</li> </ul>
11 <ul style="list-style-type: none"> <li>Adult Drop-In 7:30am-1:30pm</li> <li>EY Drop-In "Outdoor Adventure" 9am-3pm</li> <li>ASK! 8:30am-4:30pm</li> <li>Feeding With Love 1-2:30 pm</li> <li>Social Work Drop-In 1-3:30pm</li> <li>SLY Tweens Cheffin 3-5:30pm</li> <li>ASK! Legal Information &amp; Advice Clinic 3:30-5pm ☎</li> <li>SLY Teens Man Cave 5:30-9pm</li> </ul>	12 <ul style="list-style-type: none"> <li>EY Drop-In 9am-3pm</li> <li>ASK! 1:30-7:30pm</li> <li>EY Dad's Time 5:30-7:30pm</li> <li>SLY Teens Scene 3-5:00pm &amp; Community Movie Night 5:30-9pm</li> </ul>	13 <ul style="list-style-type: none"> <li>Adult Drop-In 7:30am-1:30pm</li> <li>ASK! 8:30am-4:30pm</li> <li>EY Drop-In "Story Time Fun" 9am-12pm</li> <li>EY Young Parents (under 25) Drop-In 1-4pm</li> <li>Good Food Market 2-6:30pm LM</li> <li>SLY Tweens Fun Day 3-5pm</li> <li>EY Evening Drop-In 5pm-7pm</li> <li>SLY Teens Sister Sister 6-9pm</li> <li>SLY Teens Ball @ Humber 6-9pm</li> </ul>	14 <ul style="list-style-type: none"> <li>Harm Reduction 8am-12:00pm</li> <li>ASK! 8:30am-4:30pm</li> <li>SLY Tweens Sports Zone 3-5pm</li> <li>SLY Teens Cheffin 6-9pm</li> <li>Community Relations Meeting 6:30-8:30pm</li> </ul>	15 <ul style="list-style-type: none"> <li>ASK! 8:30am-4:30pm</li> <li>EY Baby Club 7-12 months 10-11:30am</li> <li>EY Baby Club 0-6 months 1-2:30pm</li> <li>SLY Zone Tweens 3-5pm</li> <li>SLY Teens Express Yourself 5:30-9pm</li> </ul>	16 <ul style="list-style-type: none"> <li>Adult Drop-In 8am-1:00pm</li> <li>EY Drop-In 9am-1pm</li> </ul>
18 <ul style="list-style-type: none"> <li>Adult Drop-In 7:30am-1:30pm</li> <li>EY Drop-In "Outdoor Adventure" 9am-3pm</li> <li>ASK! 8:30am-4:30pm</li> <li>Feeding With Love 1-2:30 pm</li> <li>Social Work Drop-In 1-3:30pm</li> <li>SLY Tweens Cheffin 3-5:30pm</li> <li>SLY Teens Man Cave 5:30-9pm</li> </ul>	19 <ul style="list-style-type: none"> <li>EY Drop-In 9am-3pm</li> <li>ASK! 1:30-7:30pm</li> <li>EY Young Parent Supper Club 4:30-7pm</li> <li>SLY Teens Scene 3-5:00pm &amp; Community Movie Night 5:30-9pm</li> <li>ASK! Legal Immigration Advice Clinic 5-6:30 pm ☎</li> </ul>	20 <ul style="list-style-type: none"> <li>Adult Drop-In 7:30am-1:30pm</li> <li>ASK! 8:30am-4:30pm</li> <li>EY Drop-In "Story Time Fun" 9am-12pm</li> <li>EY Young Parents (under 25) Drop-In 1-4pm</li> <li>Good Food Market 2-6:30pm LM</li> <li>SLY Tweens Fun Day 3-5pm</li> <li>EY Evening Drop-In 5pm-7pm</li> <li>SLY Teens Sister Sister 6-9pm</li> <li>SLY Teens Ball @ Humber 6-9pm</li> </ul>	21 <ul style="list-style-type: none"> <li>Harm Reduction 8am-12:00pm</li> <li>ASK! 8:30am-4:30pm</li> <li>SLY Tweens <b>Holiday Party</b> 3-5pm</li> <li>Social Work Drop-In 4-6:30pm</li> <li>SLY Teens <b>Holiday Dinner</b> 6-9pm</li> </ul>	22 <ul style="list-style-type: none"> <li>ASK! 8:30am-2:00pm</li> <li>EY Baby Club 0-12 months 10-11:30am</li> </ul> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">LAMP CLOSED @ 2 pm</p>	23 <ul style="list-style-type: none"> <li>Adult Drop-In 8am-1:00pm</li> </ul>
					24