

# Calendar Details – July 2022

## Program Sign-Up Required

Workshops and Events require sign up so that we can plan appropriately and make sure the program is not over booked. Sign-up for weekly programs by calling 416-251-8666. Even though the workshops are being held virtually some of them require us to deliver program supplies to you.

*Late arrivals and early exits from structured workshops need to be discussed with staff prior to the workshop in order to minimize the impact on the group.*



## Program Information

<b>Outdoor Games &amp; Picnic</b>	We are going to be playing some of our new games and enjoying some snacks down at the Prince of Wales Park! We will be meeting at the park please let us know if you need directions. If you would like to come please let us know so we can make sure to get enough food!
<b>Music Workshop</b>	We are having an Music Therapy Organization join us on Tuesday's for 8 weeks!! Beginning on July 12 <sup>th</sup> they will be hosting a music workshop from 2-3pm where we will be using some of our instruments at Among Friends to get comfortable creating sounds and making some rhythm. Sign up quick as spots are limited!
<b>Volunteer Day &amp; Planning Meeting</b>	We are planning on continuing our volunteer day this month! Volunteer day will always coincide with the Planning Meeting. We will have various things for members to work on (organizing our art cupboard, folding newsletter/calendar, shredding, etc.) and we will be providing a light lunch close to noon. If you are interested please let us know so we can plan food accordingly! The Planning meeting will also still have the Birthday Bash and we will have cake to celebrate 😊
<b>Funny Bones + Celebration of Life</b>	We will be heading over to Funny Bones again this month on Monday July 11 <sup>th</sup> . Unfortunately, our good friend Helen has passed away and we have chosen to celebrate her life at a place she has had a lot of fun playing cards and games with others there. We will continue on and do the same as Helen would on this day and we hope to see many of you there.
<b>Art Mural</b>	We have the art mural coming up on the 5 <sup>th</sup> ! We are only missing a few panels and so we are asking anyone with a desire to paint something either freehand or with a stencil to drop on by and contribute a piece of art and their time to our Among Friends Mural