

Calendar Details – September 2023

Program Sign-Up Required

Workshops and Events require sign up so that we can plan appropriately and make sure the program is not over booked. Sign-up for weekly programs by calling 416-251-8666. Late arrivals and early exits from structured workshops need to be discussed with staff prior to the workshop in order to minimize the impact on the group.



Program Information

Marie Curtis Beach Day	We have finally rescheduled our beach day at Marie Curtis! We will be providing lunch and activities for us to relax at the beach. Please let us know if you are coming so we can make enough lunches
Montgomery Inn Museum and Farmers Market	Join us Wednesday, September 13 th for a day trip using the TTC to Montgomery Inn Museum, it showcases how a 19 th century Canadian inn was run from the ballroom to bedrooms along with all the interesting stories of those who stayed there. We will also be heading to the farmers market they have there.
LAMP'S AGM	Join us for LAMP's Annual General Members Meeting which will be taking place on September 21 st in the evening. We are unsure if it will be virtual or in person but will keep you updated as we get that information.
Orange Shirt Day	We will be reflecting on Canadian History and celebrating Indigenous culture on the 29 th of September. WE will have a variety of different activities planned along with some traditional food.
Library Trip	On Tuesday September 19 th we will be heading down to our local library to get acquainted with the facility and all that the library system has to offer!
Switch It Up: Just Dance	On the 6 th of September we will be using our Nintendo Switch to have fun and dance by playing the Just Dance game! It can be played standing or sitting and it is a great way to get some fun exercise in.