

# Calendar Details – November 2023

## Program Sign-Up Required

Workshops and Events require sign up so that we can plan appropriately and make sure the program is not over booked. Sign-up for weekly programs by calling 416-251-8666. Late arrivals and early exits from structured workshops need to be discussed with staff prior to the workshop in order to minimize the impact on the group.



## Program Information

<b>Holiday Lunch</b>	We are going to be having our holiday lunch the first week of December! We will be serving meals from 1-3pm, Tuesday to Friday, December 5th-8th. Please make sure to sign up ahead of time, as the number of spaces per day is limited. You can dine in or take out.
<b>Cavalcade of Lights</b>	Enjoy a host of holiday traditions centred on light, lanterns and fire woven into mesmerizing new lighting installations. Opening night celebration on November 25 includes live performances and the grand illumination of Toronto's official Christmas tree. We also will be renting skates for individuals who wish to do so. We will be meeting at Among Friends to head down town at 4:30pm.
<b>Book Club</b>	We will be starting up our book club once more and we will be reading and discussing Tom Sawyer. We will only be beginning our journey on this day and so no reading beforehand is required!
<b>Coffee House</b>	Join us for our evening coffee house where we will be having a requested comedy show or movie with some activities and then finishing the night off with our usual sharing of poetry, karaoke, etc.
<b>Lunch n' Learn Clay Coasters with Natalie</b>	Natalie will be facilitating a workshop on how to create clay coasters for hot drinks! This would be a great gift for the upcoming holiday season or something handy to have around the house!
<b>Lunch &amp; Learn Trauma With Allister</b>	Allister will be running a lunch and learn program to promote some discussion around trauma. We will be watching some educational videos, completing some exercises and having some delicious food!
<b>Art Café</b>	We will be having our annual Art Café @ LAMP in the community room on November 30 <sup>th</sup> from 1-4. The Art Café this year will be open to the community and LAMP staff and we will be having an activity table once again. Please let us know if you would like to sell your art, perform or volunteer to help us this year!