

Calendar Details – January 2024

Program Sign-Up Required

Workshops and Events require sign up so that we can plan appropriately and make sure the program is not over booked. Sign-up for weekly programs by calling 416-251-8666. Late arrivals and early exits from structured workshops need to be discussed with staff prior to the workshop in order to minimize the impact on the group.



Program Information

Holiday Lunch	We are going to be having our holiday lunch the first week of December! We will be serving meals from 1-3pm, Tuesday to Friday, December 5th-8th. Please make sure to sign up ahead of time, as the number of spaces per day is limited. You can dine in or take out.
Murder Mystery Program	Join us and our team of detectives as we try to solve a murder of an elementary school teacher. We will be discovering more of the story through clues and activities that we have played at Among Friends previously! Denison our student will be preparing and facilitating the program. Please sign up so we can prepare enough clues for everyone.
V- Intro to Diabetes	We will be having the West Toronto Diabetes Education Program come in and facilitate a program about diabetes, pre-diabetes, healthy eating and more! We will be providing food and tokens for those who would like to attend.
Coffee House	Join us on the 25 th as we have an evening coffee house! We will be doing the usual activities, watching a show, eating dinner and end the night of by sharing stories and singing some karaoke!
Documentary & Discussion	Join us for a snack and a documentary! This is a series of programs our student Allister is hoping to run where we can watch and learn about a variety of topics and have some healthy discussion afterwards!
Lunch N' Learn Workshop	Both our students will be facilitating a program on January 30 th . The topic is still up in the air put please sign up and we will disclose the details when they return from break.
Walk for Change Committee	We will be meeting to discuss our plans for the Walk for Change fundraiser as we begin reaching out and working on our foundation structure for the event.