

Calendar Details –April 2024

Program Sign-Up Required

Workshops and Events require sign up so that we can plan appropriately and make sure the program is not over booked. Sign-up for weekly programs by calling 416-251-8666. Late arrivals and early exits from structured workshops need to be discussed with staff prior to the workshop in order to minimize the impact on the group.



Program Information

Spring Fling	Come and join us for a Spring party with many activities to celebrate the warmer months to come. A great way to bring everyone together. Our students will also be graduating from our program and this is a perfect time to say goodbye.
Walking Club	As we are beginning to warm up we are going to be going for some short walks this month. Join us for a walk on the 3 rd and 17 th . We will be visiting Prince of Wales as it completed construction last October and we will also be bringing a camera to capture anything of interest.
Funny Bones	We are finally heading back to Funny Bones on the 19 th ! We know this has been asked about quite frequently and we are happy to be going back. Enjoy the company of other members and staff with many board games to choose from. We will no longer be allowing food purchases and are going to only have the entrance fee and 1 drink covered.
Life Certificates	Rebecca will be facilitating a therapeutic art activity to remember the strong and joyful parts of loved ones that have passed. This activity also works for pets or other life experiences, like relationships.
2SLGBTQIA+ Group Goes to Glad Day Books	Rebecca will be taking the 2SLGBTQIA+ Group to Glad Day Bookstore on the 25 th . Glad Day Bookshop is the oldest queer bookstore in the world. Serving the LGBTQ community since 1970, they offer the widest possible selection of lesbian, gay, bisexual, trans, two-spirit, and queer literature. Meet @ 1pm there or 11:30 at Among Friends
Gus Ryder Gym Time	Ryan will be showing you around the Gus Ryder gym facility on the 30 th to get comfortable around the space. We will also be providing some workout plans and help on how various machines/exercises work. Tokens will be provided.