

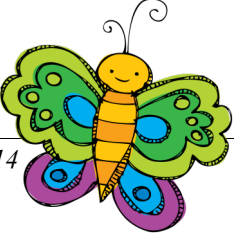






2788 Lakeshore Blvd. W.
416-251-8666

April 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	¹ Closed for Easter Monday	² V-Chair Fit 11-12 Coffee and Chat 1-3:30	³ Walking Club 11-12 Lunch & Movie 1-3	⁴ V-Writing 1-3:30 V-Meditation 4-5	⁵ Crafts 1-3	⁶ 
⁷ 	⁸ V-Chair Fit 11-12 Coffee and Chat 1-3:30 Solar Eclipse	⁹ Spring Fling 1-3	¹⁰ V-Mental Health Advocacy Group 1-3	¹¹ Reading Short Stories Together 11-1	¹² Art with Susannah 1-3:30	¹³ Games 3-5 Hockey Night 7-9:30
¹⁴ 	¹⁵ V-Chair Fit 11-12 Coffee and Chat 1-3:30	¹⁶ V-Peer Chat 11-12 V-Reminiscing Group 1-3	¹⁷ Walking Club 11-12 Under 50 1-3	¹⁸ Volunteer Time 11-12:30 Planning/ Birthdays 1-3	¹⁹ Funny Bones 12:30-3	²⁰
	²² V-Chair Fit 11-12 Coffee and Chat 1-3:30	²³ V-Peer Chat 11-12 V-Gardening 1-3	²⁴ V-Life Certificates 1-3:30 V-Meditation 4-5	²⁵ Switch it Up 1-3	²⁶ 2SLGBTQIA+ Group Goes to Glad Day Books 1-3	²⁷
²⁸	²⁹ V-Chair Fit 11-12 Coffee and Chat 1-3:30	³⁰ V-Peer Chat 11-12 Gus Ryder Gym Time 1-3	