

Calendar Details – May 2024

Program Sign-Up Required

Workshops and Events require sign up so that we can plan appropriately and make sure the program is not over booked. Sign-up for weekly programs by calling 416-251-8666. Late arrivals and early exits from structured workshops need to be discussed with staff prior to the workshop in order to minimize the impact on the group.



Program Information

Trip to High Park – Cherry Blossoms	On May 2 nd we will be heading to High Park as a group to catch the tail end of the Cherry Blossoms blooming! We will be meeting at Among Friends @ 10:30-11am and taking the TTC as a group to High Park. We will be leaving at 2pm to get back before the TTC gets too crowded. We will have lunch and activities and so all you will need to bring is yourself. We look forward to seeing you and the blossoms!
Mental Health Day	We will be celebrating Mental Health Day/Week on the 7 th . Come into Among Friends and see what advocacy work the Mental Health Advocacy Group has produced. We will be having some food and discussing Mental Health.
Cemetery Cleanup	Our Cemetery Cleanup will be taking place on May 18 th this year, Saturday from 1-3pm. We will clean the grounds and replace flowers. Later we have a movie or hockey night depending on how well the Leafs do in the playoffs! Program will end when the movie or games ends.
Protecting Yourself From Scams With Aidan	Aidan our student from Michael Power will be leading us through a presentation on best practices to avoid being scammed online. We will be following many of the guidelines the Ontario government has put out and will give examples for many different types of scams.
Peer Chat = Peer Toolbox	We have decided to change the name of our Peer Chat program with the support of our members at our planning meeting. Peer Chat we felt embodied a more casual setting where individuals could talk freely about any subject. We wanted to reflect that we do share information and strategies about various subjects as a group discussion.
Trip Downtown	For the last day in May the 31 st we will be heading downtown to head to a couple places members have expressed interest in. We will be going through the music gardens, Rail Yard Museum and Harbour Front Art Gallery