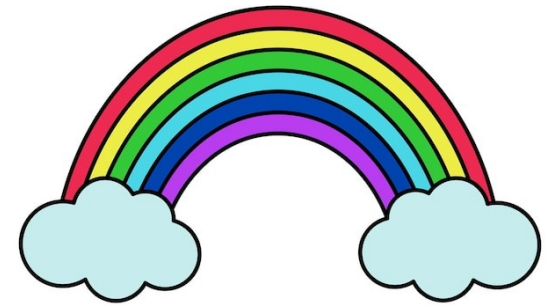

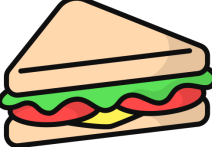





2788 Lakeshore Blvd. W.
416-251-8666

June 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 	3 V-Peer Toolbox: How to say No 11-12:30 Coffee and Chat 1-3:30	4 V-Chair Fit 11-12 Cooking 1-3	5 V-Writing 1-3 V-Meditation 3-4	6 Lunch & a Movie (The Fall Guy) 1-3:30	7 Art for Wellness 1-3	8 Grilled Cheese Fest 1-3
9	10 V-Peer Toolbox: Healthy Boundaries 11-12:30 Coffee and Chat 1-3:30	11 Outdoor Games Day 1-3	12 V-Mental Health Advocacy Group 1-3	13 Closed	14 V-Chair Fit 11-12 Art Journaling 1-3:30	15 
16 Father's Day	17 V-Peer Toolbox: Happiness 11-12:30 Coffee and Chat 1-3:30	18 Cooking for Awards of Merit 10-2	19 Awards of Merit at LAMP 5-8	20 V-Birthday Bash & Planning Meeting 1-3	21 Closed Indigenous People's Day	22 Indigenous People's Day Celebration 1-3
23 PERU	24 V-Peer Toolbox: Isolation 11-12:30 Coffee and Chat 1-3:30	25 V-Chair Fit 11-12 Lunch & Learn About Peru 1-3	26 Walk Up Humber River 12-3	27 Coffee House 4-7	28 V- 2SLGBTQIA+ Group 1-3	29 
30						