

**GREATER TRANS COMMUNITIES
RESOURCES AND SERVICES**

*GREATER TORONTO & SURROUNDING AREAS
2016*

Table of Contents

Primary Health Care	Pages 2 – 5
<i>Halton.....</i>	<i>Page 2</i>
<i>Hamilton.....</i>	<i>Page 2</i>
<i>Peel.....</i>	<i>Page 3</i>
<i>Simcoe County.....</i>	<i>Page 3</i>
<i>Toronto.....</i>	<i>Page 4 - 5</i>
Mental Health & Substance Use Services.....	Pages 6 – 9
<i>Durham.....</i>	<i>Page 6</i>
<i>Halton.....</i>	<i>Page 6</i>
<i>Hamilton.....</i>	<i>Page 6</i>
<i>Peel.....</i>	<i>Page 6</i>
<i>Simcoe County.....</i>	<i>Page 7</i>
<i>Toronto.....</i>	<i>Page 4 - 5</i>
Social, Recreation & Drop-in Programs.....	Pages
<i>Durham.....</i>	<i>Page 6</i>
<i>Halton.....</i>	<i>Page</i>
<i>Hamilton.....</i>	<i>Page</i>
<i>Peel.....</i>	<i>Page</i>
<i>Simcoe County.....</i>	<i>Page</i>
<i>Toronto.....</i>	<i>Page</i>
Services for Youth.....	Pages
<i>Halton.....</i>	<i>Page</i>
<i>Hamilton.....</i>	<i>Page</i>
<i>Peel.....</i>	<i>Page</i>
<i>Simcoe County.....</i>	<i>Page</i>
<i>Toronto.....</i>	<i>Page</i>
Services for Women.....	Pages
<i>Halton.....</i>	<i>Page</i>
<i>Hamilton.....</i>	<i>Page</i>
<i>Peel.....</i>	<i>Page</i>
<i>Simcoe County.....</i>	<i>Page</i>
<i>Toronto.....</i>	<i>Page</i>
Employment Services.....	Pages
<i>Toronto.....</i>	<i>Page</i>
HIV, Hep C & Sexual Health Services.....	Pages
<i>Halton.....</i>	<i>Page</i>
<i>Hamilton.....</i>	<i>Page</i>
<i>Peel.....</i>	<i>Page</i>
<i>Simcoe County.....</i>	<i>Page</i>
<i>Toronto.....</i>	<i>Page</i>
Services for Guardians of Gender Independent Children.....	Pages

PRIMARY HEALTHCARE

HALTON

Halton Family Health Centre

Reuven Jhirad, M.D.

2951 Walkers Line

Burlington, ON L7M 4Y1

(905) 336-9630

Services Provided: Doctors and Medical Care, Health education, Information and referral, Trans health services

HAMILTON

Stonechurch Family Health Team – Team B

1475 Upper Ottawa Street

Hamilton, ON L8W 3J6

1.905.575.7757

www.stonechurchclinic.ca

Services Provided: Doctors and Medical Care, Health education, Information and referral, Trans health services

Hamilton Urban Core Community Health Centre

71 Rebecca St.

Hamilton, ON L8R 1J1

(905) 522-3233

Services Provided: An inter-professional approach to ensuring the healthy settlement of newcomer communities

North Hamilton Community Health Centre

438 Hughson St., North

Hamilton, ON L8L 4N5

(905) 523-6611

Services Provided: An inter-professional approach to ensuring the healthy settlement of newcomer communities and for families with no health care or medical insurance

PEEL

Bramalea Community Health Centre

40 Finchgate Blvd., Suite 224
Bramalea, ON L6T 3J1
905.451.8090
www.bramaleachc.ca

Services Provided: Community outreach, Counselling/therapy, Doctors and Medical Care, Health education, Information and referral, Support groups

Wise Elephant Family Health Team

36 Vodden St, Suite 2013
Brampton, ON L6V 4H4
289.323.0660
www.wiseelephantfht.ca

Services Provided: Doctors and Medical Care, Health Education, Trans Health Services

Dr. John Olarte

Sheridan Medical Associates

1960 Dundas St. W, Suite 1
Mississauga, ON, L5K 2R9
(905) 822-3993

Four Corners Health Centre

3233 Brandon Gate Dr.
Mississauga, ON L4T 3V8
905.677.9599

Anyone with a L4T postal code

Services Provided: Doctors and Medical Care, Trans Health Services, Counselling and Community Support

SIMCOE COUNTY

Dr. James Tyler, MD – Family Doctor Barrie

124 Bell Farm Rd, Suite 002
Barrie, ON L4M 6L2
1.705.792.2145
<http://barriefht.ca>

Services Provided: Doctors and Medical Care, Health education, Trans health services

TORONTO

Queen Street Medical Clinic

Kristen Creek, MD
1177 Queen St. West
Toronto, ON M6R 1T7
647.350.1855

Services Provided: Doctors and Medical Care, Trans health services, walk-in clinic

St. Michael's Family Health Team – 61 Queen

61 Queen St. East, 3rd Floor
Toronto, ON M5C 2T2
416.867.7449
www.stmichaelshospital.com/programs/familypractice/

Services Provided: Addictions services, Alternative/Complementary therapies, Counselling/therapy, Doctors and Medical Care, Health education, HIV/AIDS services, Pregnancy/Parenting services, Support groups, Trans health services

St Michael's Hospital Academic Family Health Team – 410 Sherbourne

410 Sherbourne St. 4th Floor
Toronto, ON M4X 1K2
416.867.3728
New Patient Intake: 416.864.3076
www.stmichaelshospital.com

Services Provided: Doctors and Medical Care, Social Work, HIV Care, addictions services, prenatal and postnatal care, Trans health services

Sherbourne Health Centre

333 Sherbourne St.
Toronto, ON M5A 2S5
416.324.4103
www.sherbourne.on.ca

Services Provided: Doctors and Medical Care, Individual and Group Counselling, LGBTQ support groups and workshops, WINK walk-in clinic for low-income and street involved women

Village Family Health Team

102-171 East Liberty St. (Liberty Village)
Toronto, ON M6K 3P6
416.599.8348
www.villagefht.ca

Services Provided: Doctors and Medical Care, Health education, Trans health services

Dr. Ed Weiss

Toronto West Medical

523 The Queensway, Suite 1

Etobicoke, ON, M8Y 1J6

(416) 760-8367

Services Provided: Doctors and Medical Care, Trans Health Services

Central Toronto Community Health Centre - Queen West

168 Bathurst Street

Toronto, ON M5V 2R4

416.703.8480

www.ctchc.com/site_qw

Services Provided: Doctors and Medical Care, Addiction services, Case management, Community outreach, Counselling/therapy, Health Education, Trans Health Services, Information and Referrals

Parkdale Community Health Centre

1229 Queen St. West

Toronto, ON M6K 1L2

416.537.2455

www.pchc.on.ca

Services Provided: Doctors and Medical Care, Health Education, Trans Health Services, harm reduction Services

MENTAL HEALTH & SUBSTANCE USE SUPPORT SERVICES

Trans Lifeline

Trans Lifeline is a non-profit dedicated to the well-being of trans people. The hotline is staffed by trans people for trans people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.

Call Toll-Free From Canada: 1.877.330.6366

Operators Available:

(Eastern Time)

Mondays

10am – 5pm and 2pm – midnight

Tuesdays

12am – 3am, 10am – 1pm, 2pm – 12am

Wednesdays

12am – 3am, 3pm – 5pm, and 7pm – 11pm

Thursdays

12am – 8am, 12pm – 1pm, 2pm – 12am

Fridays

2pm – 5pm and 8pm – 11pm

Saturdays

10am – 6pm and 8pm – 11pm

Sundays

10am – 12am

DURHAM

LGBTQ Prideline Durham Helpline

1.855.877.7433

Services Provided: Provides emotional support, crisis intervention, and community referral information specific to the concerns and issues of the LGBTQ community in Durham Region

HAMILTON

Family Matters Counselling

209 Limeridge Rd. East

Hamilton, ON L8K 8C5

289.921.8002

www.familymatterscounselling.ca

Low Cost/ Sliding Scale

Services Provided: Family Matters provides private, comfortable, confidential and respectful counselling to youth and their families struggling with sexual orientation and gender identity

PEEL

Family Services of Peel

151 City Centre Drive, Suite 501

Mississauga ON, L5B 1M7

905.270.2250

Intake: 905.453.5775

Sliding Scale Fees

Services Provided: LGBTQ Counselling Services, Walk-in Counselling, Group and Family Counselling

McKenzie Counselling

101 Queensway West, Unit 103

Mississauga, ON L5B 2P7

Low Cost /Sliding Scale

Services Provided: Individual and Family Counselling Services

Bramalea Community Health Centre

40 Finchgate Blvd., Suite 224

Bramalea, ON L6T 3J1

905.451.8090

www.bramaleachc.ca

Services Provided: Community outreach, Counselling/therapy, Doctors and Medical Care, Health education, Information and referral, Support groups

Burlington Psychological and Counselling Services

318-2289 Fairview Street

Burlington, ON L7R 2E3

905.631.9991

www.burlingtontonpcs.com

Fee for Service

Services Provided: Individual and Family Counselling

SIMCOE COUNTY

De La Roca Counselling Services

115 Burton Ave.,

Barrie, ON

705.812.9929

jendelaroca@yahoo.ca

www.rocacounselling.com

Sliding Scale upon Request

Services Provided: Individual, couple and group counselling, counselling via telephone and skype also available

TORONTO

David Kelly Services

Family Service Association of Toronto

202-128A Sterling Road

Toronto, ON M6R 2B7

Sliding Scale Fees

Services Provided: LGBTQ Counselling Services, HIV/AIDS Counselling Services, Family Counselling

Sherbourne Health Centre

333 Sherbourne St.

Toronto, ON M5A 2S5

416.324.4103

www.sherbourne.on.ca

Services Provided: Doctors and Medical Care, Individual and Group Counselling, LGBTQ support groups and workshops, WINK walk-in clinic for low-income and street involved women

Ander Negrazis

114 Maitland Ave.

Toronto, ON M4Y 1E1

416.540.1053

Sliding Scale Fees

Services Provided: Individual, Family and Group Counselling

The 519

519 Church St.

Toronto, ON M4Y 2C9

416.392.6874

www.the519.org

Services Provided: Counselling Services, Community Drop-in Programs

Elizabeth Fry Toronto

215 Wellesley St. East

Toronto, ON M4X 1G1

416.924.3708 1855.924.3708 info@efrytoronto.org

www.efrytoronto.org

Services Provided: Services for women who are, have been, or at risk of being in the criminal justice system. Individual and Group Counselling, release planning, referrals, transitional housing, community education

Rainbow Services (LGBTTIQQ2S)

Centre for Addiction and Mental Health

60 White Squirrel Way

Toronto, ON M6J 1H4
1.800.463.2338
416.535.8501 ext. 2
www.camh.ca

Services Provided: Individual and group counselling, weekly support groups, day and residential programs, education and prevention

FrancoQueer

465 Yonge St.
Toronto, ON M4Y1X0
416.214.4862

Crisis Line: 647.709.2600

www.francoqueer.ca

Francophone and Francophile individuals over 14 years of age

Services Provided: Settlement and integration services, information, resources and referrals, education and training, support programs

YORK REGION

My House Rainbow Resources of York Region

10909 Yonge St. Suite 203
Richmond Hill, L4C 1T5
905.770.5858
www.myhouseyr.com

Services Provided: Individual counselling, support groups, information and resources

SOCIAL & DROP-IN PROGRAMS

SIMCOE COUNTY

TORONTO

Sunday Drop-in Program

The 519

519 Church St.
Toronto, M4Y 2C9
416.392.6874

LGBTTIQQ2S Drop-in Program every Sunday 10:30AM – 1:00PM

Services Provided: Meals served – breakfast and lunch, Health bus stop, information and referrals

Meal Trans

The 519

519 Church St.
Toronto, M4Y 2C9
416.392.6874

Trans specific drop-in every Monday 6:00PM – 9:00PM closed on statutory holidays
Services Provided: Meal served at 6:30PM, information and resources

YOUTH SERVICES

LGBT Youthline

Toll-Free: 1.800.268.9688 or GTA: 416.962.9688

Text: 647.694.4275

TTY: 416.962.0777

E-mail: askus@youthline.ca

Chat Online: www.youthline.ca and click the chat button at the top/bottom of the page

All services are confidential and anonymous

Service is open from 4:00PM – 9:30PM Sunday – Friday

HALTON

ROCK

471 Pearl St.
Burlington, On L7R 4M4
905.339.3525
ROCK 24 hour crisis line 905-878-9785

www.rockonline.ca

Services Provided: Youth Programming across Halton (various location) ages 14 – 19 years.

PEEL

Associated Youth Services of Peel

160 Traders Blvd. East Suite 100

Mississauga, ON L4Z 3K7

905.890.5222

Services Provided: Youth programs ages 12-18, Mental Health Programs and Services, LGBTTIQQ2S Youth Program

Tangerine Walk-in Counselling

SIMCOE COUNTY

Gilbert Centre for Social and Support Services

80 Brantford St. Unit 555

Barrie, ON L4N 6S7

705-722-6778

Text: 705-715-2198

Services Provided: Youth programs ages 23 and under, resources and referrals, drop-in programs

TORONTO

Central Toronto Youth Services

65 Wellesley Street East, 3rd Floor

Toronto, ON M4Y 1G7

416.924.2100

www.ctys.org

LGBTQ youth 13-25

Services Provided: Individual and group Counselling, Group programming, Parents of Trans youth support group

Griffin Centre

1124 Finch Ave West Unit 1

Toronto, ON M3J 3J6

www.griffincentre.org

Services Provided: Individual and Family Counselling for Youth 12-18, Dual Diagnosis and Disability Programs and Services, LGBTQ programs, reachOUT Newcomers Network, Crisis Support, Harm Reduction Services

Egale Canada

183 Carlton St.

Toronto, ON M5A 2K7

www.egale.ca/outreach

416.964.7887 x. 9

Toll free 1.844.443.4253

Youth 16 – 29

Drop-in Mon – Fri 3PM – 7PM

Services Provided: Individual and group counselling, employment assistance, drop-in

Planned Parenthood Toronto

36B Prince Arthur Ave

Toronto, ON

416.961.0113

www.ppt.on.ca

Youth 13 – 29 years of age

Services Provided: Sexual health information and referrals, training and education, LGBTQ youth programs, counselling and support

Transgender Youth Clinic

Sick Kids Hospital

555 University Ave.

Toronto, ON M5G 1X8

416.813.7654 x 203569

www.sickkids.ca

YMCA Sprott House

21 Walmer Road

Toronto, ON

647.438.8383

www.ymcagta.org/sprott

Services Provided: Transitional housing for LGBTQ youth ages 16-24, support services, case management

Support Our Youth

Sherbourne Health Clinic

333 Sherbourne St.

Toronto, ON M5A 2S5

SERVICES FOR WOMEN

TORONTO

Elizabeth Fry Toronto

215 Wellesley St. East
Toronto, ON M4X 1G1
416.924.3708 1855.924.3708 info@efrytoronto.org
www.efrytoronto.org

Services Provided: Services for women who are, have been, or at risk of being in the criminal justice system. Individual and Group Counselling, release planning, referrals, transitional housing, community education

Adelaide Resource Centre

Fred Victor

67 Adelaide St. East
Toronto, ON M5C 1K6

416.392.9292

Services Provided: 24 Hour Drop-in for Women (Trans Positive), Counselling Services, Meals, Support Groups, Case Management, Harm Reduction Support

Sistering – A Women’s Place

962 Bloor St. West

Toronto, ON M6H 1L6

416.926.9762

www.sistering.org

Services Provided: 24 Hour Drop-in for Women (Trans Positive), Counselling Services, Meals, Support Groups, Case Management, Harm Reduction Support

Women’s College Hospital

76 Grenville St.

Toronto, ON M5S 1B2

416.323.6400

www.womenscollegehospital.ca

Services Provided: Primary Health Care, Mental Health Services, Trauma Programs

Women’s Health in Women’s Hands Community Health Centre

2 Carlton St. Suite 500

Toronto, ON M5B 1J3

416.593.7655

www.whiwh.com

Services for racialized women 16 years and older

Services Provided: Primary Health Care, Trans health services, HIV/AIDS services, Mental Health Services, Advocac

EMPLOYMENT SERVICES

TORONTO

Thrive!

Fred Victor

248 Queen Street East

Toronto, Ontario

M5A 1S3

416.364.8986

www.fredvictor.org/thrive

THRIVE! Is a unique program for trans individuals which operates out of the Employment and Training offices on **Mondays 1:30 to 4:30 pm.**

Services Provided: Resume and budgeting workshops, Housing referral assistance, legal information, informal guidance and counselling

HIV, HEP C & SEXUAL HEALTH SERVICES

PEEL

Peel HIV/AIDS Network

601-7700 Hurontario St.

Brampton, ON

L6Y 4M3

905.361.0523

www.phan.ca

Services Provided: Support, Education, advocacy, individual counselling, group programming, and outreach

SIMCOE COUNTY

AIDS Committee of Simcoe County

555 - 80 Bradford St.

Barrie, ON

L4N 6S7

(705) 722-6778

(800) 372-2272 (Toll Free Number)

www.acsc.ca

TORONTO

Toronto People with Aids Foundation

200 Gerrard St. East 2nd Floor

Toronto, ON

M5A 2E6

416.506.1400

www.pwatoronto.org

Services Provided: Practical support services, Treatment and therapeutic care, harm reduction services, and food programs

AIDS Committee of Toronto

543 Yonge St. 4th Floor
Toronto, ON M4X 1Y5
416.340.2437

www.actoronto.ca

Services Provided: Education and Outreach, individual counselling, support groups, employment support

Hassle Free Clinic

66 Gerrard St. East
Toronto, ON
M5B 1G3

www.hasslefreeclinic.org

Men/Trans-Identified – Mon, Wed 4 pm-8 pm; Tue, Thu 10 am-3 pm; Fri 4 pm-7 pm; Sat 10 am-2 pm * closed Sun and holidays

Women/Trans-Identified – Mon, Wed, Fri 10 am-3 pm; Tue, Thu 4 pm-8 pm * closed Sat, Sun and holidays

Services Provided: Sexual health counselling, anonymous HIV testing, testing and treatment for sexually transmitted infections, Hep A and B vaccinations, sexual health education

Asian Community AIDS Services

240 Spadina Ave., Suit 410
Toronto, ON M5T 2E4
416.963.4300

www.acas.org

Support program for Asian people living with or affected by HIV/AIDS

Services Provided: individual counselling, case management, youth programs, practical assistance, education and outreach

SERVICES FOR SEX WORKERS

PEEL

Peel HIV/AIDS Network

601-7700 Hurontario St.

Brampton, ON

L6Y 4M3

905.361.0523

www.phan.ca

Services Provided: Support, Education, advocacy, individual counselling, group programming, and outreach

TORONTO

Parkdale Community Health Centre

1229 Queen St. West

Toronto, ON M6K 1L2

416.537.2455

www.pchc.on.ca

Services Provided: Sex worker support, Doctors and Medical Care, Health Education, Trans Health Services, harm reduction Services,

Elizabeth Fry Toronto

215 Wellesley St. East

Toronto, M4X 1G1

416.924.3708 Toll Free: 1.855.924.3708

www.efrytoronto.org

Services Provided: Outreach program, housing support, harm reduction services, individual counselling, and employment support

Maggie's: Toronto Sex Workers Action Project

298 Gerrard St. East 2nd Floor

Toronto, M5A 1T2

416.964.0150

www.maggiestoronto.ca

Services Provided: Outreach, harm reduction services, peer education and support, counselling, information and referrals

SHELTERS & HOUSING SUPPORT SERVICES

PEEL

TORONTO

ABORIGINAL/INDIGENOUS SERVICES

TORONTO

2-Spirited People of the 1st Nations

145 Front St., East Suite 105

Toronto, ON M5A 1E3

416.944.9300

www.2spirits.com

Two-spirit persons of Aboriginal ancestry, including those living with HIV/AIDS

Services Provided: HIV/AIDS education and resources, harm reduction services, information, resources and referrals

SETTLEMENT SERVICES

TORONTO

Access Alliance Multicultural Health and Community Services

340 College St., Suite 500

Toronto, ON M5T 3A9

416.324.8677

www.accessalliance.ca

Newcomers, Immigrants and Refugees

Services Provided: LBTTIQ2S settlement services, information and referrals, health services

The 519

519 Church St.

Toronto, ON M4Y 2C9

www.the519.org

Services Provided: LGBTTIQQ2S settlement support services, newcomer social programs, newcomer youth programs

CultureLink

The Crossways Mall
2340 Dundas St. West Suite 301
Toronto, ON M6P 4A9
416.588.6288
www.culturelink.ca

Services Provided: Settlement Services, LGBTQ newcomer youth programs 15-29 years of age, peer support

FrancoQueer

465 Yonge St.
Toronto, ON M4Y1X0
416.214.4862
www.francoqueer.ca

Francophone and Francophile individuals over 14 years of age

Services Provided: Settlement and integration services, information and resources, education and training, support programs

SERVICES FOR GARDIANS OF GENDER IDEPENDANT CHILDREN

TORONTO

Transceptance

Central Toronto Youth Services

65 Wellesley Street East, 3rd Floor
Toronto, ON M4Y 1G7
416.924.2100
www.ctys.org

Monthly meeting the third Thursday of each month, 7-9 p.m.

Services Provided: Ongoing support for parents or caregivers of trans youth

Families in Transition

Central Toronto Youth Services

65 Wellesley Street East, 3rd Floor
Toronto, ON M4Y 1G7
416.924.2100
www.ctys.org

Services Provided: 10-week, closed group for parents of trans* youth (age 13 – 21) who have recently learned of their youth's gender identity.

Transgender Youth Clinic

Sick Kids Hospital

555 University Ave.

Toronto, ON M5G 1X8

416.813.7654 x 203569

www.sickkids.ca

Adolescent Medicine Clinic

St. Michael's Hospital

61 Queen St. East 2nd Floor

Toronto, ON M5C 2T2

416.867.3655

Services Provided: Primary healthcare for gender independent children 12 and under, parent and caregiver support, information and referrals