

Calendar Details – October 2024

Program Sign-Up Required

Workshops and Events require sign up so that we can plan appropriately and make sure the program is not over booked. Sign-up for weekly programs by calling 416-251-8666. Late arrivals and early exits from structured workshops need to be discussed with staff prior to the workshop in order to minimize the impact on the group.



Program Information

Thanksgiving Lunch	We will be having our Thanksgiving Meal program this year from Tuesday to Friday, October 8-11, @ 1-3pm. We will be having some festive activities to accompany our usual fixings. Please sign up soon as the spots per day are limited to ensure we run a smooth program.
Cooking for Thanksgiving Meal	The day before the lunch begins, Monday, October 7 th , from 10am to 2pm, we are looking for volunteers to help us prepare the food for the week. No experience with cooking necessary, and we will be serving a lunch for all our volunteers.
Cemetery Cleanup + Cards & Games	On Saturday October 12, we will be visiting the Lakeshore Asylum Cemetery from 1-3pm. We will be meeting there at 1pm, doing some tidying up, and relaxing in each other's company with a snack. Later that evening we will be having a Cards & Games program at Among Friends from 6-8pm.
Halloween Party	On Halloween Day we will be celebrating with some fun activities, lots of candies and other goodies with lots of decorations in the spirit of Halloween. Please join us with or without costumes as we hope to jump start the Halloween festivities before the night rolls in.
Cooking Peruvian Dessert with Sofia	Come support our student Sofia and help make and eat some tasty cookies from Peru!
MHAG/ Walk for Change or Mental Health Day	Join us for a discussion of how we can advocate for ourselves and our mental health, and check-in with our progress planning November's Art Café and May's Walk for Change. All members are welcome to come and learn and share their thoughts.
Decorating for Halloween	We will be decorating for Halloween during Volunteer Time this month, and we would love to have your help! Lunch will be provided.