

Calendar Details – September 2024

Program Sign-Up Required

Workshops and Events require sign up so that we can plan appropriately and make sure the program is not over booked. Sign-up for weekly programs by calling 416-251-8666. Late arrivals and early exits from structured workshops need to be discussed with staff prior to the workshop in order to minimize the impact on the group.



Program Information

Student Starting Sept 3rd	We have a new student named Sofia who will be joining us starting September 3 rd . They like Rodrigo are from Peru and are from the Addictions and Mental Health program at Humber. Let us give her a warm welcome to our program!
Planning Meeting	Since we are closed on the 12 th we will be having our planning meeting on Wednesday the 11 th . If you usually come to the planning meeting make sure you don't get the dates mixed up!
BBQ At LAMP	On the 17 th we will be having a BBQ over at LAMP CHC. We will have some easy to play games and activities. Please let us know if you do plan on coming as we will need to make sure we have enough food for everyone.
LAMP AGM	The LAMP AGM will be happening on the 19 th of September. From what we see on the Health Promotion calendar it will take place at 6pm but we are not sure where yet! We will either be virtually watching it at Among Friends or at the place they decide to have it. Please sign up if you would like join us and get the details when we do.
Coffee House	We will be having our evening Coffee House program on the 25 th . There will be food, lots of activities and a chance to share some media or sing along during some karaoke.
MHAG/ Walk for Change	For this program we will be focusing a bit on World Mental Health day in October as well as doing some things for Walk for Change which will be happening next May.